

FOG = Fats, Oils & Grease Cease the Grease!

The Problem



Fats, oils, and grease (FOG) come from meats, butters and margarine, lard, food scraps, sauces, salad dressings, dairy products, and cooking oil. When FOG goes down the drain, it hardens and causes sewer pipes to clog. This can lead to a sanitary sewer overflow (SSO) where raw sewage actually backs up into your home, lawn, neighborhood, and streets. Not only does this mess cause health issues, it also can run into a nearby stream or river, which affects our drinking water. If your pipes become clogged from putting FOG down the drain, it can be very expensive problem to fix. To avoid household and environmental damage, NEVER put FOG down the drain!

Prevention Tips



Wipe pans clean with a paper towel and put it in the trash. Food scraps should also go in the trash. Scrape off excess food from pots, pans, and plates before rinsing them in the sink with cold water.

Do put oil and grease in covered collection containers.

Do scrape food scraps from dishes into trash cans and garbage bags and dispose of properly. Avoid using the garbage disposal.

Do remove oil and grease from dishes, pans, fryers, and griddles. Cool first before you skim, scrape, or wipe off excess grease.

Do install and maintain grease traps.

Do install drain screens on all kitchen drains.

Don't pour oil and grease down the drain.

Don't put food scraps down the drain.

Don't rinse off oil and grease with hot water.