

group fitness

CLASSES TAKE PLACE AT THE
WASHINGTON REC CENTER

Monday Step Extreme 5:15pm

Tuesday Noon Workout and
Interval 5:00pm

Wednesday Bag Boxing 5:15pm

Thursday PIYO @ 4:30pm
HIIT @ 5:00pm

Friday Noon workout and
Strength Training 4:30pm

NO MEMBERSHIP REQUIRED

Pay \$49.39 for 14 use punchcard

1-month individual pass \$42.95

3-month individual pass \$112.75

Faribault Parks & Recreation